## Western Branch Canadian Psychoanalytic Society

Scientific Program 2009 September 12, 2009

## "Between Body and Mind: Transforming Physical Experience into Psychic Development in the Clinical Situation."

## Judy Eekhoff, Ph.D.

This paper will explore the role of the body in relationship to the development and health of the mind and present a method of using bodily awareness to deepen psychoanalytic treatment. Currently, psychoanalytic therapists and analysts are treating patients who come to therapy complaining of being "dead" or "shut down". These patients are very different from Freud's hysteric. As such, they present new challenges to our understanding and our techniques. Clinicians who recognize the body as a processor of emotional experience are able to work with seriously disturbed or regressed patients who use language as "action". The Talking Cure does not cure so much as continue the defense against experiencing the early traumatized infantile part of themselves. In the absence of emotional awareness, bodily sensation fills the gap. If the clinician can remember the function of body as an aid in understanding reality as well as a defensive blocking agent, these patients become more accessible to treatment. Clinical examples will be used to highlight the way in which these concepts apply in therapy.

Judy K Eekhoff, Ph, FIPA, is a training and supervising analyst with, and president of, Northwestern Psychoanalytic Society. She is in private psychoanalytic practice in Seattle, Washington.

Location: Plaza 500 Hotel

500 West 12<sup>th</sup> Avenue

Room: Oak D

Time: 9:30am to 12:30 pm Cost: Members: No charge

> Non-Members: \$35.00 Students: \$30.00

Please register by September 5, 2009

The event is an accredited group learning activity as designed by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. 3 hours CME credit (in process)

For further information please contact: Judith Setton-Markus at jsettonmarkus@shaw.ca or 604 264-000

<u>Scientific Program Committee</u>: Judith Setton-Markus (Chair), Karin Holland-Biggs, Endre Koritar, Richa Sharan, Karla Maranhao and Christine Piercy

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Registration Form:			
Name: VIP	Member	_ Non-member	_ Student
Address:			
Phone number:	_ Email address:_		
Professional Affiliation:			
Make cheques payable to: Western Branch-CPS  Mail registrations to:			
Western Branch-CPS c/o Nancy Briones, 7755 Yukon Street, Vancouver, B.C. V5X 2Y4			