

Western Branch Canadian Psychoanalytic Society

Extension Program

Ferenczi Seminar: October 2010 – May 2011

Preamble:

The Western Branch is pleased to offer a preparatory seminar in anticipation of a conference in October 2011 on "Ferenczi's Contribution to Contemporary Psychoanalysis." Sandor Ferenczi was arguably second only to Freud in his contribution to the development of psychoanalytic theory and technique in the early part of the 20th Century. However, Ferenczi's theories and technical innovations historically have been bypassed in favor of Freud's metapsychological conceptualizations of mental functioning. Recently, clinicians have discovered the relevance of the clinical wisdom that Ferenczi demonstrated in his important writings to their work with more regressed and traumatized patients. A short list of Ferenczi's ideas on trauma and psychopathology, countertransference analysis, flexibility of analytic technique, the importance of spontaneity and genuinity, active therapy, analysis of the negative transference, and "return to the womb" gives the clinician an impression of how Ferenczi heralded debates on various aspects of contemporary psychoanalytic technique. This study group will introduce the participants to Ferenczi's important writings dovetailed with contemporary psychoanalytic literature elaborating on Ferenczi's original ideas. While in the 20th Century the world was introduced to Freud's concepts of thinking, the 21st Century may represent Ferenczi's turn in psychoanalysis focusing more on clinical technique and empirical concepts of being.

Recommended Readings:

Ferenczi's *Clinical Diary* is an intimate chronicle of a clinician's self-analysis while working with difficult clients and struggling to both understand and heal troubled spirits. It should be read in conjunction with all the selected readings as it gives the reader insight into Ferenczi's thinking processes while treating patients. The suggested readings are pages 1-111, although the reader is encouraged to read the whole book starting in September. It can be read in parts over a period of time. *Ferenczi's Turn in Psychoanalysis* is a compilation of contemporary papers by analysts illustrating the application of Ferenczian techniques in current day practice. *Psychoanalysis as a Journey* is Franco Borgogno's account of his journey through psychoanalytic theory and technique. He elaborates on the influence of Ferenczi's ideas on his practice illustrating its relevance on contemporary analytic practice. Ferenczi's papers are a selection of his better-known works. Although the quantity of the readings per session seems ambitious, the text is not challenging and easily accomplished spread over a month.

Schedule:

The seminars will be held monthly on Fridays from 4:00 – 6:00 p.m.

Dates: October 15, November 29, 2010;

January 14, February 18, March 18, April 8, May 6, May 27, 2011

Location: CP1 Arbutus Meeting room, Vancouver General Hospital

Cost: \$250. Plus extensive photocopied material and 2 books: *Ferenczi's Turn in Psychoanalysis* and *The Clinical Diary of Sandor Ferenczi* (possibly *Psychoanalysis as Journey* if available)

CME credits: in process

Group Facilitators: Endre Koritar, Janet Oakes, Coleen Gold, Karin Holland Biggs

Texts:

1. Franko Borgogno (2007). *Psychoanalysis as Journey*. Open Gate Press.
 2. Peter Rudnytsky, Antal Bokay, and Patrizia Giampieri-Deutsch, eds. (1996). *Ferenczi's Turn in Psychoanalysis*, New York Press.
 3. Sandor Ferenczi (1985). *The Clinical Diary of Sandor Ferenczi*, edited by Judith DuPont. Harvard University Press.
-

Course Outline

Session 1: Date: October 15, 2010

1. Borgogno – Chapter 8, pp. 150-170
2. Ferenczi, "Psychoanalysis and Education" (1908) in *Final Contributions to the Problems and Methods of Psychoanalysis*, pp. 280-290
3. Ferenczi, "The Elasticity of Psychoanalytic Technique" (1928) in *Final Contributions*, pp. 87-102
4. Ferenczi, "Introjection and Transference" (1909), *First Contributions to Psycho-Analysis*, pp. 35-93

Session 2: Date: November 29, 2010

1. Borgogno – Chapter 9, pp. 171-186, Ferenczi,
2. Ferenczi, "The Confusion of Tongues Between Adults and the Child" (1933), *Final Contributions*, pp. 156-167
3. "Return of the Trauma and the Later Work of Ferenczi" 2004, pp. 83-102, in "The Confusion of Tongues" by Philip Van Haute, and Geyskens
4. Ferenczi, "Child Analysis in Analysis of Adults" (1931), *Final Contributions*, pp. 126-142

Session 3: Date: January 14, 2010

1. Borgogno – Chapter 10, pp. 187-199.
2. Ferenczi, "The Effect of Women on Premature Ejaculation in Men" (1908), *Final Contributions*, pp. 291-294
3. Ferenczi, "The Principles of Relaxation and Neo Catharsis" (1930), *Final Contributions*, pp. 108-125
4. Ferenczi, "Transitory Symptom Constructions During the Analysis" (1912), *First Contributions*, pp. 193-212
5. "The Dream of the Occlusive Pessary" (1915), *Further Contributions to the Theory and Technique of Psycho-Analysis*, pp. 304-310

Session 4: Date: February 18, 2010

1. Borgogno – Chapter 11, pp. 200-223

2. Ferenczi, "Stages in the Development of a Sense of Reality" (1913), *First Contributions*, pp. 213-239
3. Ferenczi, "The Problem of Acceptance of Unpleasant Ideas" (1926), *Further Contributions*, pp. 366-378
4. Ferenczi, "Thalassa – A Theory of Genitality" (1923), pp. 20-43

Session 5: Date: March 18 , 2011

1. Borgogno – Chapter 12, pp. 224-240
2. Judith Dupont, "Clinical Diary" 1985, pp. 1-111

Session 6: Date: April 8, 2011

Ferenczi's "Turn in Psychoanalysis" 1996:

1. Axel Hofer, "Asymmetry and Mutuality in the Analytic Relationship: Contemporary Lessons from Freud-Ferenczi Dialogue" pp. 107-119
2. Thierry Boknowski, "Sandor Ferenczi: Negative Transference and Transference Depression" pp 120-144
3. Christopher Fortune, "Mutual Analysis: A Logical Outcome of Sandor Ferenczi's Experiments in Psychoanalysis" pp. 170-188

Session 7: Date: May 6, 2011

1. "The Influence of Ferenczi's Ideas on Contemporary Standard Technique," Patrizia Giampieri-Deutsch, pp. 224-247
2. Rebecca Curtis, "A New World Symphony: Ferenczi and the Integration of Non-Psychoanalytic Techniques into Psychoanalytic Practice" pp. 248-265
3. Judith Vida, "Wise Baby Grows Up: The Contemporary Relevance of Sandor Ferenczi," pp. 266-286

Session 8: Date: May 27, 2011

1. Wrap-up and question preparation for October conference