Preamble
The Western Branch Canadian Psychoanalytic Society Extension Committee is pleased to offer a four part series on ethics in the clinical setting. Each workshop is three hours and will consist of a theoretical discussion, followed by the opportunity to review case vignettes that apply to the theme of the workshop. Participants are encouraged to bring their own case vignettes. Participants may register for each workshop separately or for all four. The workshops have been spread out over the span of two years so that registrants wishing to fulfill annual ethics requirements may do so for two consecutive years (2013 and 2014).*

Dates: Saturday, October 5 and October 26, 2013, and May 3 and November 15, 2014

Time: 9:30 – 12:30 m

Location: Eric Martin Pavilion, Classroom 188 for the two classes in 2013, room TBA for 2014

Cost: Members and WB Guests: $30 per workshop
      Non-Members:  $45 per workshop

Organizing Committee: Endre Koritar (Chair), James Fabian, Janet Oakes, Rivian Weinerman, Judith Setton-Markus (coordinator Vancouver), Catherine Young (coordinator Victoria)

Withdrawal Policy:
The withdrawal policy of the Extension Program allows refund minus 10% administration cost, up to one week before each workshop. There is no refund afterwards.

CME credits with BC Medical Association in process

*This endeavor is not an official workshop of any college but may be used to meet professional development requirements. Participants would need to check their college requirements.

Registration
Send payment and registration form to the address below or contact Nancy Briones at nbriones@shaw.ca

Western Branch-CPS
c/o Nancy Briones
7755 Yukon Street
Vancouver, B.C. V5X 2Y4
Part I: The Uses and Misuses of Boundaries in Psychotherapy
Saturday, October 5, 2014
Facilitator: Catherine Young, Ph.D., F.I.P.A.

Traditionally, psychoanalytic theory led to excessively rigid and defensive postures in some clinicians that resulted in less than optimal treatment. This workshop will address the misapplication of boundary theory in clinical settings, with special focus on the difference between boundary crossings, which lead to productive work in psychotherapy, and boundary violations, which are harmful to the patient and exploit the patient’s vulnerable position. Clinical and theoretical aspects of enactment will also be discussed. The workshop will be in two segments: a theoretical presentation followed by discussion of clinical vignettes. Participants are encouraged to bring their own clinical vignettes.

Catherine Young is a psychoanalyst and registered psychologist in private practice in Victoria, B.C. Dr. Young is a member of the Western Branch of the Canadian Psychoanalytic Society. She serves on the Scientific Program and Extension Committees, organizing and teaching seminars on psychoanalytic theory and technique. She is a Clinical Instructor in the University of British Columbia Island Medical Program.

Objectives:
At the end of the seminar participants will be able to:
1. Discuss and review through clinical material boundary crossings which can lead to productive work in psychoanalytic psychotherapy.
2. Differentiate productive boundary crossings from those which can be harmful to the patient and exploit the patient’s vulnerable position.
3. Review theoretical and clinical aspects of enactments.
4. Have the opportunity to discuss the theoretical perspective using their related clinical vignettes.

Required Readings

Optional Readings

Part II: Clinical Issues in Telephone and Internet Psychoanalysis and Psychotherapy: Paradoxes and complexities
Saturday, October 26, 2013

Past traditions and prejudices have precluded many analysts/therapists from openly considering the use of telephone or the internet, as a viable treatment option for either psychotherapy or psychoanalysis. More recently this attitude has shifted with more and more clinicians considering the use of the phone or internet options, viewing this use as representing the best treatment available for a particular patient. Use of these devices in clinical practice evokes complex feelings and raises a number of important ethical and clinical issues for both patient and analyst/therapist. This seminar hopes to address some of these issues: How the decision to offer distance therapy is made; initial resistances of the patient and analyst; some of the paradoxes and complexities of distance work itself; modification of technique; disconnected connections; transitions between face to face and telephone/Skype when the two formats are possible. Participants and encouraged to bring their own case vignettes.

Judith Setton-Markus is a psychoanalyst and psychotherapist in private practice in Vancouver. She is a member of the Western Branch Canadian Psychoanalytic Society, serving in several capacities on the
executive council, currently completing her term as Branch President. She is chair of the WBCPS Scientific Program and teaches within the various programs organized by the Extension Committee. She is a Clinical Assistant Professor and Supervisor in the Department of Psychiatry, Postgraduate Education, at the University of British Columbia.

**Objectives:**
At the end of the seminar participants will be able to:
1. Have the opportunity to discuss the indications and contraindications in using distance psychotherapy or analysis
2. Consider the advantages and disadvantages of conducting psychotherapy or analysis using technology
3. Have the opportunity through clinical vignettes to explore some of the clinical issues that arise from this mode of working: setting of the frame, enactments, modification of technique, resistance, to name a few.
4. The issue of transition from face to face to the telephone or internet will also be addressed as in the case when the patient does part of the work in person.

**Required Readings**

**Optional Readings**

**Part III: Preserving Confidentiality in the Writing of Clinical Material**
**Saturday, May 3, 2014**
**Facilitator: Rose Vasta, Ph.D. F.I.P.A.**

In this seminar the participants will discuss the difficulties that arise when clinicians attempt to share patient material for educational purposes or in scholarly publications. Various means of protecting the patient's identity will be discussed along with the ramifications of those disguises on the scientific value of the material. Alternatives to disguise will be considered including the debate over informed patient consent for any release of information.

**Rose Vasta** is a psychoanalyst in private practice in Victoria, BC. Dr. Vasta is a member of the Western Branch of the Canadian Psychoanalytic Society and is the Director elect of the Vancouver Psychoanalytic Institute. Dr. Vasta is a Training and Supervising Psychoanalyst with the Canadian Psychoanalytic Institute and also serves as an Assistant Clinical Professor in the University of British Columbia Island Medical Program.

**Objectives:**
At the end of the seminar participants will be able to:
1. Discuss guidelines and strategies for the preservation of confidentiality in the writing of case reports.
2. Discuss and consider the ramifications of journal guidelines for publication that require patient consent and do not allow disguised or misrepresented data for protection of the patient's identity.
3. Consider the conflicts of interest between the protection of the patient's privacy and the educational and scientific needs of the field and will be able to list various strategies for dealing with this dilemma.

**Required Readings:**

**Part IV: Neutrality or Authenticity: when our deeply held values conflict with our patients beliefs and/or actions.**

**Saturday, November 15, 2014**


Most of us would agree with Freud that our task in psychoanalysis is to help the patient “to liberate and fulfill his own nature” but his recommended stance of ethical neutrality can be in conflict with our efforts to establish a therapeutic atmosphere of trust, honesty, and concern. We need to become aware of our own countertransference as it emerges. But beyond the considerations of transference/countertransference, we face the problem of respecting our own integrity and limits as well as those of the patient.

This workshop will provide a space to explore ways of thinking about and managing clinical situations where deeply personal ethical conflicts arise as we struggle to find our balance between neutrality and authenticity. The HIV+ patient who reports unprotected sex with multiple partners, or patients involved in illegal activities, addictions, or with suicidal intentions - are among those who can challenge our personal morality. Do we differ in our capacity for neutrality around these issues? Are we able to work with individuals who hold religious, sexual, or political views radically opposed to our own? When do we seek supervision? How do we recognize and deal with our personal limits?

*Janet Oakes* is a psychoanalyst in private practice in Vancouver. She is on the executive of the Western Branch of the Canadian Psychoanalytic Society and serves on the Extension Committee organizing and teaching seminars on Psychoanalytic theory and technique. Janet is an artist and has an ongoing interest in applied psychoanalysis relating to social conditions, literature, arts, and culture.

**Objectives:**
At the end of the seminar participants will be able to:
1. Understand the ethical significance Atterton ascribes to the four ways in which ‘saying’ occurs in a clinical setting.
2. Learn how psychoanalysis as the project of self-knowledge and character transformation has important antecedents in the major ethical traditions of Emmanuel Kant, Adam Smith and David Hume.
3. Understand the differences between abstinence and neutrality on the one hand and authenticity and honesty on the other, as they impact the analyst’s ethical approach.

**Required Readings:**
NOTE:
This course is being offered as well in Vancouver on different dates so be careful when registering to make sure that you are registering for the seminars held in the location of your interest.

Registration Form

Name: _______________________________________________________________________

Address: _____________________________________________________________________

Phone number: ______________________

Email address: ____________________________________

Student info: __________________________________________________________________
(Name of program and university along with photocopy of proof of registration)

Professional Affiliation: __________________________________________________________________

Degrees: _________________________________________________________________________

Tick off the boxes of those you plan to attend:

**Part I:** The Uses and Misuses of Boundaries in Psychotherapy
October 5, 2013
Facilitator: Catherine Young, Ph.D. F.I.P.A.

**Part II:** Clinical Issues in Telephone and Internet Psychoanalysis and Psychotherapy: Paradoxes and complexities
October 26, 2013

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May 3, 2014
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**Part IV:** Neutrality or Authenticity: when our deeply held values conflict with our patients beliefs and/or actions.
November 15, 2014

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